Fun and interesting facts (Ice cream)

1. Who wrote the first ice cream recipe?

<u>An English cookery author, Ann Fanshawe</u>, wrote an ice cream recipe by hand in 1665. Cream, mace, orange flower water, or <u>ambergris</u> are ingredients of the recipe. Ice and salt were utilized for freezing.

2. Do you know what the basic ingredient of ice cream is?

Ice cream, the most popular <u>dessert</u>, is made from milk and cream, along with sweeteners, flavoring agents, and air. The ice cream base has two main ingredients: milk and cream. Sweeteners are added to make a sweet taste. Sugar is a trivial sweetener. A number of natural and artificial agents are used to impart flavor to ice cream. Air is incorporated into the ice cream during the freezing process, making the ice cream light.

3. Did you know there is a National Ice Cream Month in the United States?

Yes, July every year is celebrated as National Ice Cream Month in the United States. In 1984, National Ice Cream Month and National Ice Cream Day were declared by the <u>American president, Ronald Reagan</u>. There is National Ice Cream Day on the third Sunday of July in the United States. Ice cream day is celebrated to recognize the American dairy industry.

4. Who is the father of ice cream?

In recognition of his contribution to the production and popularity of ice cream, <u>Augustus Jackson</u> is called the father of ice cream. Ice cream without egg and ice cream with the use of salt were invented by Augustin Jackson. Salt reduces the freezing point of ice cream. Salt also helps to form a smooth texture in ice cream.

5. Do you know when the ice cream cone was first introduced?

In 1904, the ice cream cone was first introduced at the World's Fair in St. Louis.

6. Do you know when the first ice cream industry started?

<u>Jacob Fussell</u>, a Baltimore milk dealer, is the one who is responsible for the commercialization of ice cream manufacturing. In 1851, Jacob Fusell commenced a commercial manufacturing unit of ice cream.

Jacob Fussell started a manufacturing unit in <u>Seven Valleys, Pennsylvania</u>. Later, he moved his manufacturing unit to <u>Baltimore</u>, Maryland.

References

Historic Foodways: Making Ice Cream in Maryland

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