

Interesting facts (Kolam -rangoli art in Tamil Nadu)

1. Did you know Kolam (Rangoli) is traditionally made from which material?

In Tamil Nadu, [kolam](#) is the name for rangoli art. In Tamil Nadu, there is a tradition of creating kolam outside of houses and establishments. Kolam is traditionally created from rice flour. Rice flour, or colored rice flour, is utilized to create a geometric pattern. Kolam art originated long back around 2500 BC, during the [Indus Valley Civilization](#).

2. Do you know about the types of kolam art?

There are two kinds of kolam. These include Pulli kolam, which is dot kolam; Sikku kolam, which is twisted loop kolam.

3. Do you know the festival at which kolam is created?

*In Tamil Nadu, at festivals like [Pongal](#) and [Karthika Deepam](#), kolams are made in large sizes and of specific patterns. This pattern is like sugarcane, vegetable fruits, lamps, and firecrackers. Pongal is also called the harvest festival. Pongal is a fest to thank God, nature, and animals. Pongal is celebrated for four days, which are Bhogi Pongal, Thai Pongal, Mattu Pongal, and Kaanum Pongal. The festival, which is celebrated on the full moon day of the [Kartik month](#), is known as **Karthighai Deepam**.*

4. Do you know the scientific reason behind kolam?

Its main motive is to exercise the mind as well as the body. Kolam makes the mind calm, increases focus, and increases cognitive skills.

References

- <https://en.wikipedia.org/wiki/Kolam>
- <https://www.indianheritage.gov.sg/pongalo-pongol/what-is-pongol.html>
- [https://en.wikipedia.org/wiki/Pongal_\(festival\)](https://en.wikipedia.org/wiki/Pongal_(festival))