## **Interesting facts (Rangoli art)**

#### 1. Do you know the kind of material that is used to create rangoli?

Various kinds of material are applied to the creation of <u>rangoli art</u>. Powdered <u>limestone</u>, red <u>ochre</u>, colored sand, rice flour, turmeric, flower petals, leaves, quartz powder, and colored rock can be utilized for rangoli art.

#### 2. Do you know what is indicated by rangoli?

Rangoli art is created at various ceremonies and festivals. It is created outside the entrance door of the houses. Rangoli indicates joy, peace, and welcome. Rangoli also removes negative energies and brings good luck.

## 3. Rangoli art originated in which country?

As per documented evidence, rangoli art originated in India. It is obtained from the **Sanskrit** word rangavali. In English, "Ranga" means color, while "avali" means line or row. "Rangavali" is a line of color.

# 4. Do you know what rangoli is called in different regions of India?

In <u>Maharashtra</u> and <u>Karnataka</u>, rangoli art is called rangoli. In <u>Tamil Nadu</u>, it is known as kolam. In <u>Andhra Pradesh</u>, it is known by the name muggu. In <u>West Bengal</u>, it is known as alpana or alpona. In <u>Rajasthan</u>, it is called mandana. In Bihar, it is called "aripana." In <u>Panjab</u>, <u>Haryana</u>, <u>Madhya Pradesh</u>, and <u>Uttar Pradesh</u>, it is called chowkpurana. In <u>Gujarat</u>, it is called sathaya or sathiya.

### 5. Do you know the health benefits of rangoli art creation?

At the time of creating the rangoli, there is bending and stretching of the body. Both bending and stretching come as a form of exercise. So when we bend and stretch during the creation of rangoli, it leads to increased fitness.

#### References

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