

Interesting facts (Lily flower and Chinese culture)

1. Do you know why lilies emblemize rebirth?

Lily plants emblemize rebirth because of their lifecycle. In winter, lilies remain dormant and bloom in spring, which indicates a cycle of death and birth. The bulbs of the plant regrow in spring. So, because of this characteristic, it is often used in funerals as well as in birth ceremonies.

2. Did you know that Chinese people eat lily bulbs?

Some species of lily have edible bulbs. Chinese people eat dry or cooked lily bulbs. Among all parts of the plant, the bulb is the most nutritive. It can be used to garnish dishes or as a vegetable. It has a sweet, starchy flavor. It is also utilized in dishes like stir-fries, soups, and desserts. Lily bulbs are known as 'bai he' in Chinese. 'Buddha's delight' is a dish in China that uses Lily bulbs as one of the ingredients, and it is cooked on the first day of Chinese New Year.

3. Did you know that, in Chinese culture, lilies emblemize healing?

The lily flower represented rebirths and new beginnings. To express sympathy for those whose loved ones are deceased, lily flowers are given, in Chinese culture. Show respect to a deceased one. Chinese people believe that lily flowers help in the recovery from depression and anxiety. The lily flower fragrance has a positive impact on the mind, which makes a person calm.

4. Do you know the native place of the lily flower?

Plants belonging to the genus lilium are native to the North American, Asian, and European continents but are re-cultivated all over the world. As these flowers are symbols of elegance, have medicinal value, and also have symbolic value in different cultures all around the world, various species of this flower are cultivated all over the world.

References

- <https://en.wikipedia.org/wiki/Lilium>
- <https://kids.britannica.com/scholars/article/lily/48269>